

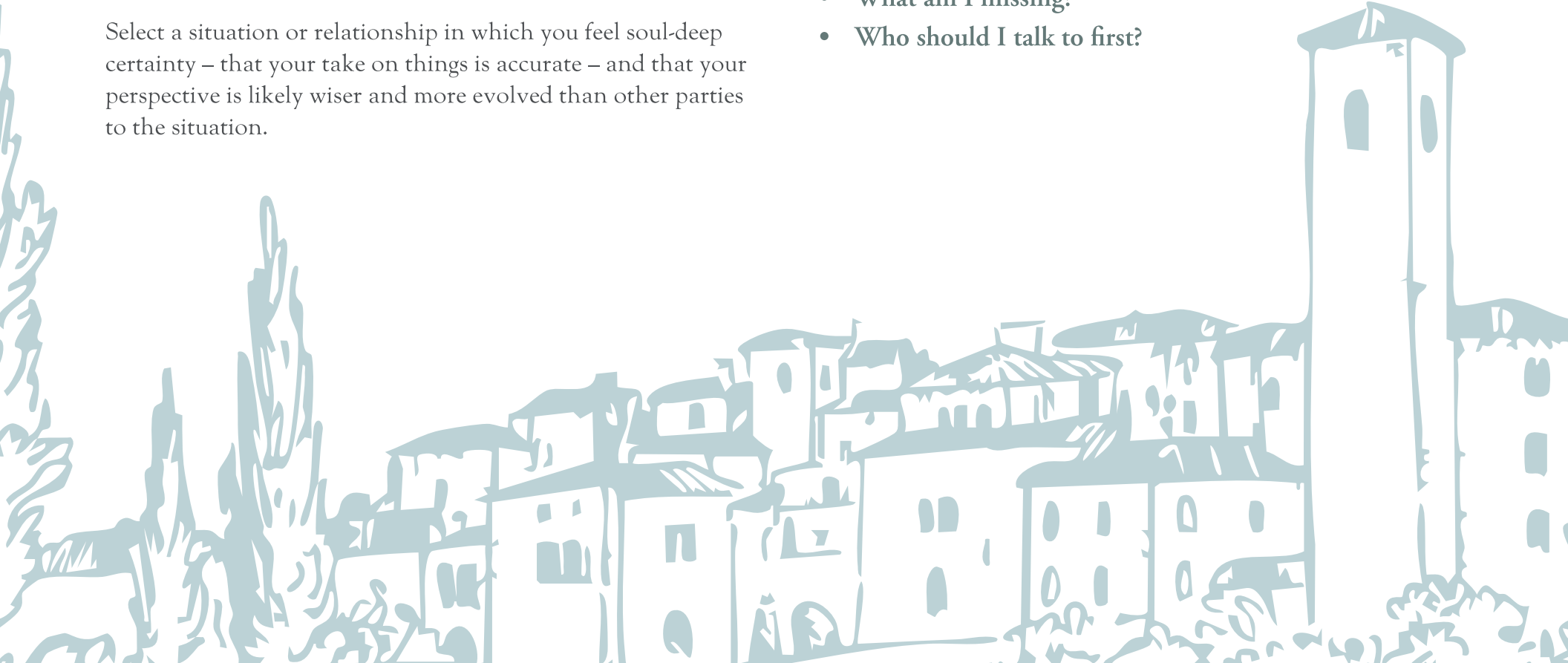
Level V Curiosity Exercise

Here is a universal truth. We are all wrong at least once in our cherished relationships. When you own the possibility of being mistaken, it disarms the situation and all the parties to the outcome.

This exercise has three motives: own your perspective, ask for help, and hear past what you already know.

Select a situation or relationship in which you feel soul-deep certainty – that your take on things is accurate – and that your perspective is likely wiser and more evolved than other parties to the situation.

- What do I absolutely know to be true?
- What would others in the inner circle say that is fundamentally inaccurate?
- How is perspective or lack of alignment affecting the situation?
- Why do they think or feel that way?
- What am I missing?
- Who should I talk to first?





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