

Next Generation Othership Exercise

In the inter-generational shadow of misunderstanding, this exercise is an olive branch to mutual curiosity and compassionate dialogue. It is designed for adult children in a family system.

Complete this exercise in two phases. First, pose the question in private, imagining the dialogue in your mind's eye. Second, invite a live conversation with the same person. Choose a mutually safe environment for each phase.

Questions for the Financial Leader

- How did you first know you were meant to lead and grow the business and/or body of wealth?
- What was the most painful mistake you made early on? What did you learn from it?
- Why did you prevail when others on similar quests did not?
- What was the hardest thing you ever did, or the toughest decision you ever made?
- Why do you keep driving so hard when we seem to have more than we need?
- How can I be more supportive of you and our family ecosystem?
- Finish by sharing what you respect most about the financial leader. Ask them to share what they respect most about you.

Questions for the Family Leader

- What is your favorite aspect of your role in our family?
- In what areas do you feel misunderstood?
- If you could make one wish for each of us adult kids, what would they be?
- Why do you put up with so much pain and pressure in our family?
- What do you regret?
- What do you still hope for everyday?
- Finish by sharing what you respect most about the family leader. Ask them to share what they respect most about you.





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