

Motive's Hall Pass

When we create a truism about someone else, we assign a motive. We dislike it when others typecast us, yet humans do it all the time to the people and events around them. Consider the hall pass you allow yourself when forming conclusions about other people's motives.

Think of a specific scenario in which something difficult transpired with a cherished relationship, and you know still, to this day, exactly what drove their behavior. It was painful for both of you but at least you knew where they were coming from. Or did you?.

Select the bullets that feel true for you.

- **It's not my first rodeo.**
- **I'm an exceptional judge of character.**
- **My gut instincts are usually spot on.**
- **They have been that way since I can remember.**
- **I don't have time to stop and over think it.**

Now, let's play with the opposites. If someone whose respect and love mattered to you applied these justifications to their assumptions about your behavior, how might it feel?



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